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Medica (CHMMM) is a
popular and
encyclopedic reference
book on materials used
in traditional Chinese
medicine (TCM). As of
2020, it is in its 3rd
edition. The title is a bit
of a misnomer because
while the book mainly
includes herbal
substances, it also
includes animal,

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substances.
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The first edition of
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Medicine: Materia
Medica was published
in 1986, and the
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During the ensuing
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huge increase in the use of Chinese herbal medicine in those Western countries where this book has served as a basic reference text.

Chinese Herbal Medicine Materia Medica

The Compendium of Materia Medica (also known by the romanizations Bencao Gangmu or Pen-tsao Kang-mu) is a Chinese

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herbology volume

written by Li Shizhen

during the Ming

dynasty; its first draft

was completed in 1578

and printed in Nanjing

in 1596. It is a work

epitomizing the

materia medica known

at the time. The

Compendium of

Materia Medica is

regarded as the most

complete and

comprehensive ...

Compendium of

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His Shénnóng Běn Cǎo Jīng (本草綱目, Dan Bensky

Shennong's Materia Medica) is considered as the oldest book on Chinese herbal medicine. It classifies 365 species of roots, grass, woods, furs, animals and stones into three categories of herbal medicine: [8]

Chinese herbology -

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Students of Traditional
Chinese medicine learn
Chinese herbal therapy
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inches thick, and
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5,000-year history,
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The new 3rd edition of Chinese Herbal Medicine: Materia Medica raises the bar on the practice of herbal medicine in the West. Its commentaries on individual herbs and their combinations provide a wealth of practical information previously unavailable in English. The book is not just informative, it's fun to read.

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Instantly find the information you need about Chinese herbs and formulas with this app from the authors of Chinese Herbal Medicine: Materia Medica and Formulas & Strategies, the most trusted and widely-used professional references in the field.

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summarize ten years'
experience with the
cultivation of Chinese
medicinal herbs at
Mountain Gardens, a

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botanical garden of
useful plants, located
near Mt. Mitchell in
western North Carolina
(USDA hardiness zone
6, elevation 3100').

**Information on
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